



Habitat For Humanity®
Bike to Build and Run to Build
Saturday May 18, 2019



Information

The annual Habitat Bike/Run to Build Fundraiser to benefit Habitat for Humanity of Scotland County will begin "rain or shine" in the parking lot of The Rehab Center at 500 Lauchwood Drive, Laurinburg, NC.

Registration starts at 6:45am.

5k Run starts at 7:30am

5k Run Awards start at 8:45am

4.5 mile Kids Ride starts at 9:30am

64 and 32 mile Cycle Tour starts at 8:40am

21 and 32 mile Cycle Tour starts at 9:10am

Youth under age 16 must be accompanied by an adult!

All riders are encouraged to carry ID's, emergency contact information, and a cell phone, if you have one.

Helmets are required for all participants!

Registration Fees

(Receive a \$5 discount if registration is submitted by March 31, 2019!)

All Cycling Routes: \$25

5k Run: \$25

4.5 mile Kids Ride: \$20

(Adults): \$10

5k Run/Cycle Combo: \$35

Each registered participant receives a free T-shirt, a cue sheet with detailed directions, rest stops, snacks, SAG service, and lunch.

Routes

There are four mapped cycling routes to cover riders of different levels of skill:

64 miles (103km), 32miles (51k), 21 miles (34k), and 10.5 miles (17k)

Each route is carefully marked, and explores a different part of Scotland County, including the scenic Lumber River and even notable historical points such as crossing the path of *Sherman's March to the Sea* during the Civil War, and other sites of interest.

The 5k Run/Walk leaves The Rehab Center, goes down Lauchwood Drive, crosses the bridge on Dogwood Miles, turns around and comes back. One rest stop with refreshments will be provided.

Sponsorships/Teams

A team can be a group of four or more people, families, church groups, businesses, biking/walking clubs, friends, etc. Write your team name on the registration form with the number of riders.

Getting sponsors is the most helpful way to make Bike to Build a success. Each participant is encouraged to raise at least \$100 utilizing sponsors. Prizes and recognition will be given to those raising the most money.

Other Activities

Supervised Children Activities: The following activities will be available for potty-trained children ages 4-10 while parents register and ride/walk. Face painting, movies, etc. Watch our website for updates on other possible activities. Parents must sign a liability waiver. Adult supervision provided. Nurse on duty.

Need more information?

Contact Habitat for Humanity of Scotland County

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